

The How and Why of the Fullsweep

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Two plays at the heart and soul of the wing-t are the bucksweep and the belly iso. The fullsweep combines the various blocking schemes of the bucksweep with the backfield action of the belly series to produce a play that places a defense that is overaggressive to backfield flow in conflict. The fullsweep also gives the offensive coach a counter off the belly series which hits off-tackle away from the belly action. With the fullsweep the wing-t coach now has a complete belly package with plays that hit in both perimeters (belly keep pass, belly option, belly waggle), both off-tackle zones (belly iso, fullsweep), and the inside (tackle trap, counter short).

Blocking variations of the 182, 988 Fullsweep

The fullsweep can either be blocked by pulling both guards similar to bucksweep or by pulling backside guard and tackle a variation we call TAG blocking the fullsweep.

182, 988 Fullsweep:

TE - Gap, Down, Backer

PST - Gap, Down, Backer

PSG - Pull Kick out 1st Threat

C - Reach, On, Away

BSG - Pull Wall off

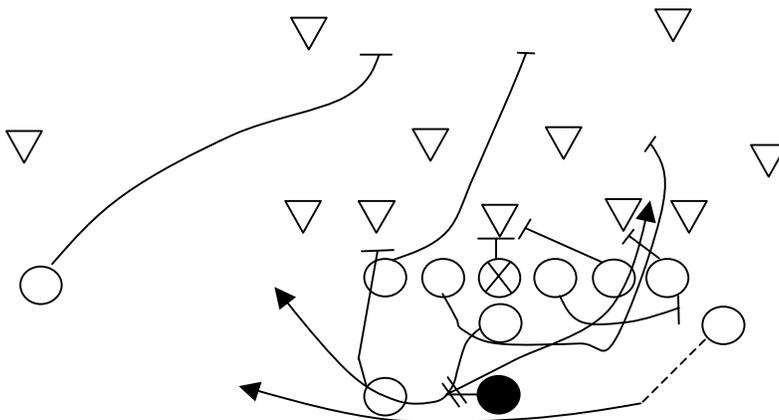
BST - Reach for FS

WB - Belly motion (get into pitch relation)

HB - Block DT, if in 1 tech block DE (cheat HB to head up or inside shade of BST)

FB - Hop step receive outside handoff 90 degree cutup inside kick out block

QB - Reverse Pivot outside handoff to FB continue to carry out belly option fake



Note: We tell the HB to attack the thigh with shoulder with the head across target and to drive through and down.

TAG Blocking the Fullsweep:

TE- Gap, Down, Backer

PST-Gap, Down, Backer

PSG-Gap, Down, Backer

C- Gap, Down, Backer

BSG-Pull Kick out 1st Threat

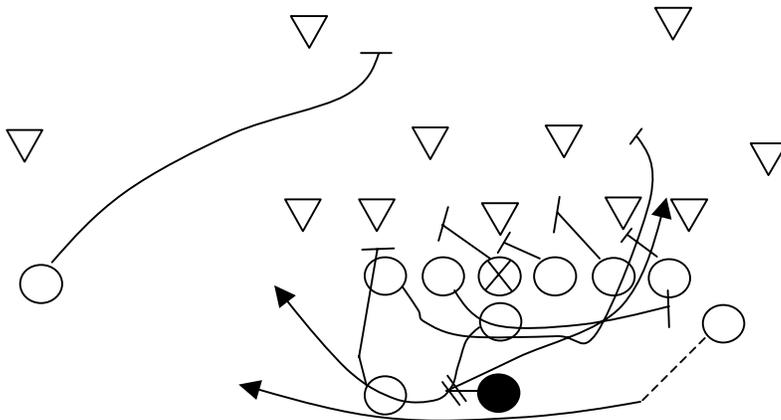
BST-Pull Wall off

WB- Belly motion (get into pitch relation)

HB- Block DT, if in 1, 2 tech block DE (cheat HB to head up or inside shade of BST)

FB- Hop step receive outside handoff 90 degree cutup inside kick out block

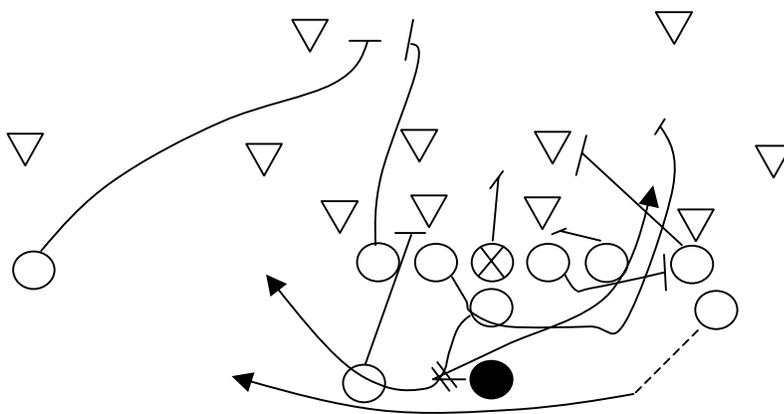
QB- Reverse Pivot outside handoff to FB continue to carry out belly option fake



Other Variations 183 Fullsweep

If the TE cannot make the down block on the DE or the DE is fighting across the face of the TE we will widen the TE split to 3-4ft instead of normal 2-3 ft split kick out the DE and run in the 3 hole instead of the 2 hole. TE now goes up to inside linebacker.

Note: This is particularly helpful vs a 4-4.



More Variations on the Fullsweep

Many times wing-t coaches will put their best back at fullback. But the traditional 80's series (Belly series) doesn't give that best back the ball outside the defensive end. Add to that, we wanted to snap the ball on sound to break tendencies. Some of those tendencies include but are not limited to having a rhythmic cadence (giving the opposition a jump on the ball) and running the fullsweep every time we motion (although there are other things we could use to break that tendency). So, we also used 181 Fullsweep. (I suppose you may call it 121 Fullsweep as well). This is also a good play when your Fullback's ability far surpasses your halfback's. Here, we would not motion the wingback and we'd have him block gap – down – backer.

WB: Gap – down – backer

TE: Gap – down – backer

PST: Gap – down – backer

PSG: Pull, kick out 1st man past WB's block

C: Reach – on – away

BSG: Pull, wall off

BST: Reach for FS

SE: Cut off

HB: Fill for BSG

QB: Reverse pivot, give to FB, and carry out belly option fake

FB: Hop step receive outside handoff 90 degree cutup inside kick out block

